



St Nicholas Parish News

Trinity Sunday

May 22nd 2016

www.saintnicholasparish.ie

<https://www.facebook.com/Saintnicholasparish>



Fr. Derek Leonard P.P.
Phone 340614
Salesian Sisters:
348510

Mass times:

9.45am

Mondays, Tuesdays
Wednesdays. St. Munchin's
College
Thursdays St Nicholas
7.00pm.
Friday (No mass)

Weekends:

St. Nicholas'

7.00pm Saturday

10.30 am— Sunday

St. Munchin's College:

12.00 noon Sundays.

Items for newsletter

to be in to

John 085 7406822

Dympna 348510

by Wednesday please.

E-mail:

stnpnewsletter@gmail.com

Feasts this Week

May

Tues 24th

Mary Help of Christians

Wed 25th

St Bede

Thurs 26th

St Phillip Neri

Fri 27th

St Augustine of Canterbury

Please feel free to take home a copy of this newsletter. A neighbour who does not attend church in our parish might also welcome it. If you decide otherwise, please leave it on the table at the Exit on your way out. Thank you.

Parish Office

The parish office open on Tuesday from 2—4

Thursday 9.30—12.30 for anyone who may need to

book Masses, get certificates or any other church related enquiries. **Phone: 341300**

THE DEEP END • Making Space

Do not try to save the whole world or do anything grandiose. Instead, create a clearing in the dense forest of your life and wait there patiently, until the song that is your life falls into your own cupped hands and you recognize and greet it. Only then will you know how to give yourself to this world so worthy of rescue.
‘Clearing’ by Martha Postlewaite.

There is deep wisdom in this poem. The advice to ‘create a clearing in the dense forest of your life’ particularly resonates with me. It can be difficult, with our hectic lives and all the noise of the world around us, to have time to take stock of things. Of course we feel a calling to be good people, to be a positive force in the world, but where do we start?

Well, Jesus tells us to start small. In today’s Gospel, he is careful not to overburden his disciples. He has lots more to say and to teach them, but it would be ‘too much’ for them now. Instead he gives them space. After he is gone, when the time is right and they have had time to reflect, he will send his Spirit to lead them in the right direction. That same Spirit is with us now, if we can make space to listen.Triona Doherty

Catholic Collect for Trinity Sunday

Let us Pray to the one God, Father, Son, and Holy Spirit that our lives may bear witness to our faith. Father, you sent your Word to bring us truth and your Spirit to make us holy. Through them we come to know the mystery of your life. Help us to worship you, one God in three Persons, by proclaiming and living our faith in you. We ask you this, Father, Son, and Holy Spirit, one God, true and living, for ever and ever. Amen.

St Nicholas Parish Family Day

The Parish family day will take place on Sunday, **June 12th** in the grounds of St Nicholas church, Westbury. It is open to all and will include Bouncing castle, obstacle course, mobile zoo, barbeque and much more. We will not be charging for this event but if any local business would like to sponsor part of this day, we would really appreciate the help in alleviating the cost. We will also be looking for the help of our neighbours and parishioners as volunteers to make this a fun and safe day.



Students Sitting Exams

We pray God’s guidance and blessings on you that all fear and anxiety will ease as you prepare for your exams and that you may be rewarded for the efforts you have put into study.

A students Prayer before Exams

Dear Jesus, I place my trust in you as I prepare for my exams. May my mind be calm, my body rested and my spirit inspired. Give me peace and assurance that I will do the best I can. Keep me serene. May I be honest so as to give a true account of what I have learned. Help me do my best and trust in You. Help me to be confident in the knowledge that no matter what happens you are there with me. May Mary, my Mother and the Mother of Jesus protect and guide me in all my life choices. Amen.

Youth 2000 Summer Festival.

The Festival will be held in Cistercian College, Roscrea, Co. Tipperary from Thursday 7th – Sunday 10th July 2016. For young people aged 16-35, an opportunity not to be missed to experience the Catholic faith and meet many new people, with over 1000 young people from all corners of Ireland attending last year. The festival is donation only. Free buses available from all around Ireland. For more info and to book online, see www.youth2000.ie or phone 01 6753690

Clare Burren Marathon Challenge

Sat May 28th 2016: The Burren, Ballyvaughan, Co. Clare. Choice of Full, Half & 10K Mini marathons. Walk - Jog - Run, both on & off road, across the beautiful Burren terrain. Entry option www.clareburrenmarathonchallenge.com/ or phone 087 7779714. Charity Groups, individuals, runners, walkers - everyone welcome to take part.

Remembering our Sick

Let us continue to remember in our prayer each day those who are sick at home or in hospital— Baby Tommy, Baby Martin, Dan, Margaret, Tony, Marie, John, Brian, Muirinn, Ken, Orla, Ciara, Rita, Brigid, Paddy, Michael, Eric, Kate, Baby Reuben, Vera, Frank, Bridget, Dympna, Breda, Pat, Ann, Brigid, Sean and John. Let us pray for those, facing surgery & tests, in nursing homes, and all who care for our sick. To all our sick family members friends and parishioners—we assure you of our prayers at this time.



May the Lord bless you in your hour of need. May he surround you with his healing peace, and gladden your heart. May he keep you always in his care, and gently touch you with his loving presence. Amen.



Tuesdays at No 3 Oakton Rd. Time: 10.30—11.00 am. If you would like to join this group you will be most welcome.
Where there is rest and meditation, there is neither anxiety nor restlessness.

Limerick Diocesan Pilgrimage to Rome for the Year of Mercy:

Sept 28th – Oct 2nd 2016 Led by Bishop Brendan Leahy Cost: €799.
Phone 057 93 55050 or go to www.culturalconnections.eu for further info...

SUPPORT SERVICES

In the light of the alarming increase of the number of people dying by suicide or self harming we are supplying the following list of support services, contact numbers in the areas of prevention, bereavement and awareness. We can look out for one another, provide a listening ear and be aware of people going through a difficult time.

Living Links: Provide confidential support for families who have experienced a death by suicide. The contact number is 087 7998427 5.00 -7.00pm.

Suicide Bereavement Healing Programme and Support Group:

At the Limerick Pastoral Centre, Denmark St. Contact 061 400133.

The Samaritans: Listening and befriending service at 20 Barrington St. Limerick Phone 1850-60-90-90.

Counselling Services: In the Social Service Centre on Henry St (061 314111)

Redemptorists (061 315099) Augustinian Church (061 415374).

Console: Suicide Counselling and Support Services (061 306792)

Pieta House Mungret: Suicide prevention and counselling www.pieta.ie (061 484444/484646)

Aware: Supporting light through depression. www.aware.ie (1890 30-33-02)

Al-anon: Support for families of alcoholics (087 1263318)

Cake Sale:

"On 14th June a group of cyclists will set off on a charity cycle to Lourdes, France in aid of 2 charities - the Limerick Diocesan Lourdes Invalid Fund & Cliona Foundation. They will cycle over 800km in 5 days.

Our parishioner Marc Kiely is part of this group and next week he will hold a Cake Sale after 10.30 a.m. Mass on Sunday to raise some funds.

All support on the day would be greatly appreciated. If you wish to donate any home baked items for the sale please contact Karen on 087-6668676

Nursing Opportunities

"Have you a family member who would like a nursing job in Limerick. If so ask them to contact St John's Hospital (061 462254) to discuss available opportunities".

Salesian Secondary School

Mass of Thanksgiving Salesian Secondary School Wednesday 25th May @11.00 Our Lady of the Rosary Church, Ennis Road. Celebrant: Bishop Brendan Leahy, All welcome to share this special occasion with us.


Clare Burren Marathon Challenge - Sat May 28th 2016: The Burren, Ballyvaughan, Co. Clare. Choice of Full, Half & 10K Mini marathons. Walk - Jog - Run, both on & off road, across the beautiful Burren terrain. Entry options & info: <http://www.clareburrenmarathonchallenge.com/> or phone 087 7779714. Charity Groups, individuals, runners, walkers - everyone welcome.

Diocesan Pilgrimage to Lourdes

This pilgrimage takes place every year from June 21st to June 26th, with direct flights from Shannon airport. The Lourdes Office can be contacted at the Social Service Centre, Henry Street, Limerick.
Tel. 061-314111.

Director : Very Rev. Donal Mc Namara,
PP St Munchin's, Tel. 061 455635/
mail: donalmcnamara@hotmail.com

Jesus waits for us in this Sacrament of Love

 Our Adoration Chapel in St Nicholas church is open until 6.00pm each day. Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him.



Queen of The May

(Please join in the singing)

Bring flowers of the fairest
Bring blossoms the rarest,
from garden and woodland and hillside and dale;
our full hearts are swelling,
our glad voices telling
the praise of the loveliest flower of the vale!

Refrain

O Mary we crown thee with blossoms today!
Queen of the Angels and Queen of the May.
O Mary we crown thee with blossoms today,
Queen of the Angels and Queen of the May.

Their lady they name thee,
Their mistress proclaim thee,
Oh, grant that thy children on earth be as true
as long as the bowers
are radiant with flowers,
as long as the azure shall keep its bright hue.

Refrain

Sing gaily in chorus, the bright angels o'er us
re-echo the strains we begin
upon earth;
their harps are repeating



My name is Lauren Hurton.

Can you please help me get to World Youth Day in Poland in July, going on a two week pilgrimage to many religious places. I am having a raffle on Saturdays and Sundays for the next three weeks and I would greatly appreciate your support. A big selection of prizes to be won.

Thanking you, Lauren Hurton.

Sign in a Library.

Would the person who took the stepladder please bring it back, or further steps will be taken.